

PARANORMAL UNDERGROUND®

Volume 17, Issue 4

April 2024

Ghostly Tales
With Nonny Mendoza

5 HAUNTED CASTLES
OF EUROPE

Light Beings
& Their UFO Connection

Boarding the
Astral Plane

Skinwalkers Decoded:
Separating Myth From Reality

Haunted By
Shadow People

ALSO INSIDE:

KALANI GHOST HUNTER: FROM UNKNOWN COWBOY TO PARANORMAL STAR

THE 2001 WAYNESVILLE UFO SIGHTINGS

A GUIDE TO ELEMENTAL BEINGS AND HOW TO CONNECT WITH THEM

HAUNTED BROTHELS: THE BAWDY LIFE OF THE LADIES OF THE NIGHT



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BRIAN ALLAN

As a result of a very early close encounter with the “otherworld,” Brian has had an abiding interest in all kinds of paranormal and occult phenomena throughout his life. Although he had initially confined his interest in the subject to a passive role, involving study via books, etc., it is only in the past 45 years or so that he actually became involved in an active “hands-on” basis. During this period of time, he has witnessed remarkable phenomena and has met some truly remarkable and talented people.



He has also written 14 books, all dealing with various aspects of the paranormal in one way or another, and he is currently the content reviewer for the international online publication, *Phenomena Magazine*. He has also been privileged to receive the Strange Phenomena Investigations prestigious Tartan Skull award for services to ufology and the paranormal in Scotland.
phenomenamagazine.co.uk

CHERYL LYNN CARTER

Cheryl is a psychic medium, remote viewer, explorer, and researcher.

Having her first paranormal experience at a young age made her realize she had a unique Sixth Sense and was able to communicate with those on the other side. Her passion for one haunted location afforded her the opportunity to appear and consult in Chris Halton’s documentary *A Haunting at Bachelors Grove*, one of the most haunted cemeteries in the Midwest.

She is an experimenter and a member of MUFON and CE-5. She served as a consultant for Thomas Conwell’s books *They Are Here: Central U.S. UFOs* and *Earthquakes and UFOs*. Cheryl is an international author of eight books, including *Edge of Darkness*, *Chosen*, and *Dimensions: Mysterious Triangles of the U.S.*, and she is the co-author of *Digging Into Skinwalker Ranch* and *The Basin Files: Skinwalker Ranch*.
cheryllynnccarter.com



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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and

Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E’s *Cursed: The Bell Witch* and CMT’s *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Mindful Mystics* podcast, and former producer of *Paranormal Underground Radio* and the *Intention Is Everything* podcast.



She has more than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology and enterprise computing to travel guides and paranormal phenomena. Cheryl’s magazine experience includes roles as senior and managing editor for several niche publications and online media.

Cheryl has experienced all types of paranormal phenomena, from ghostly activity to psychic events.
paranormalunderground.net

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Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator.



Athena’s metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine. Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

sagegoddess.com

RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood.



The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal.



Paul worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials. He is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is also co-owner of Halo Paranormal Investigations.

jazmaonline.boards.net

COREY SHARER

Corey is a paranormal enthusiast who has investigated at The Queen Mary, The Queen Anne Hotel, Hotel Alex Johnson, and The Whaley House.



He has personally encountered paranormal phenomena, including seeing ghostly apparitions and UFOs and is most interested in trying to solve the mysteries of the paranormal.

CODY SHARPE

Cody is a husband and father of two. He has been in the paranormal community for several years. He left paramedicine to focus more time on the paranormal.

Cody has investigated with several teams, but his main teams are Sharpe Side of Paranormal and Above and Below Paranormal. He hosts a live podcast several times a month, interviewing positive creators in the paranormal field, as well as bringing news from the paranormal community.

sharpesideofparanormal.com



T STOKES

TStokes is a holistic palmist and the author of the book *50 Case Studies in Modern Palmistry*. He trained with mediums Doris Collins and Doris Stokes and psychiatrists Henri Rey and Joyce McDougall.



He was the first U.K. lecturer on paraspiritual studies, metaphysics, and eschatology. He is now retired and is an occasional consultant.

tstokes.co.uk

CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.

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May 3-4

UFO Paranormal Summit
Ocean Shores, WA
ufosummit.com

May 3-5

Crypticon Seattle
Seattle, WA
crypticonseattle.com

May 4

Ohio Bigfoot Conference
Salt Fork, OH
ohiobigfootconference.org

May 11

White Hill Mansion Paranormal Expo
Fieldsboro, NJ
whitehillmansionparacon.com

May 17-18

McMenamins UFO Fest
McMinnville, OR
mcmenamins.com/ufo-festival

May 17-19

North Star Tarot Conference
Minneapolis, MN
tctarotcollective.com/north-star-tarot-conference-2024

May 17-19

ParaPsyCon
Mansfield, OH
parapsycon.com

May 24-26

Sage ParaCon USA
Middletown, VA
sageparacon.co.uk/sage-paracon-usa

June 1

Cryptids and Paranormal Conference
Parlin, NJ
eventbrite.com/e/2nd-annual-cryptids-and-paranormal-conference-tickets-765828422427

June 1-2

Spirits in the Spring
Brodhead, WI
facebook.com/Spiritsinthespring

June 7-8

Pacific Coast Paracon
Ventura, CA
pacificcoastparacon.com

June 7-9

Forest County Bigfoot Festival
Marienville, PA
forestcountybigfootfestival.com

June 15

Scottish UFO and Paranormal Conference
Glasgow, Scotland
scottishufoandparanormalconference.wordpress.com

June 17

Chicago Paranormal Convention
Countryside, IL
facebook.com/events/586759023374369

June 20-23

Haunted America Conference
Alton, IL
ghostconference.net

July 5-7

Days of the Dead
Indianapolis, IN
daysofthedead.com

July 27

Smoky Mountain Bigfoot Conference
Gatlinburg, TN
gatherupevents.com/smoky-mountain-bigfoot-conference



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UFO OVER NYC, NEW NESSIE SEARCH & TIME SLIP IN LIVERPOOL

PARANORMAL ACTIVITY FOLLOWS FAMILY AFTER NONHUMAN ENTITY ENCOUNTER

In a chilling tale that continues to mystify Las Vegas residents, 17-year-old Angel Kenmore recounted his encounter with a “nonhuman” entity in his backyard a year ago.

Kenmore described the creature as “giant” and potentially demonic. “It was moving and breathing. It was pissed off, like it wanted to do something looking at me. I remember he was growling,” Kenmore told *NewsNation*’s Alex Caprariello.

Despite facing skepticism and threats, Kenmore insists his experience was not for fame or profit. “It was a really bad and traumatizing experience,” he said.

One year after the incident, Kenmore and his family have been experiencing paranormal activity, including levitating objects. Watch the *NewsNation* [interview here](#).



MYSTERIOUS OBJECT SPOTTED IN SKY OVER NEW YORK CITY

According to Tobias and Emily Wayland of *The Singular Fortean Society*, a new video circulating on Reddit features an alleged unidentified flying object zipping past a plane over New York City. Captured during a flight from Florida to New York, the footage has been described by the uploader as “By far the clearest video I’ve ever seen.”

The video showcases the object darting across the sky, only visible in a few frames due to its high speed. Speculation about the object’s true nature ranges from a high-speed drone to a simple balloon affected by motion parallax.



“The object does appear metallic and seems to be reflecting light off of its surface,” according to the article. Without concrete identification, the metallic, light-reflecting object continues to stir curiosity and debate among observers.

You can watch the video of the UFO [here](#).

NASA SUMMONED TO HELP SEARCH FOR NESSIE

The Loch Ness Monster Centre has invited NASA to join a formidable search for Nessie, the legendary Loch Ness Monster. Following last year’s extensive monster hunt, which included volunteers globally and advanced technologies but yielded no conclusive findings, the center plans a grander search this year, according to a report by *Unexplained Mysteries*.

Scheduled between May 30 and June 2, the event marks the 90th anniversary of the first major expedition in 1934. “We are hoping that experts from NASA might have some advanced imaging technology to scan the loch,” said Aimee Todd, marketing manager of the Loch Ness Centre.

General Manager Paul Nixon added, “With unexplained noises heard, alongside possible sightings, this year we are determined to find out more about the elusive Loch Ness Monster.”

We’ll report back with any updates!



DEPARTMENT OF DEFENSE INVESTIGATES PARANORMAL ACTIVITY IN UTAH, REPORT REVEALS

The Department of Defense’s All-Domain Anomaly Resolution Office has confirmed an investigation into paranormal phenomena in Utah, focusing on a particular hotspot for unidentified

anomalous phenomena and other eerie occurrences, according to ABC4 News report.

The 70-page document details investigations at a site once owned by a private sector organization, where reports of “shadowy figures” and “creatures” were studied alongside “remote viewing” and “human consciousness anomalies.” Despite extensive efforts involving experts from various fields, the report acknowledged that while most incidents were misidentified ordinary objects, numerous cases still remain unresolved.

“The lack of actionable, researchable data ... combined with resource constraints and high volumes of cases” were cited as major challenges, complicating the efforts to gather definitive scientific data.



INSIDE THE WORLD'S LARGEST PARANORMAL PHENOMENA ARCHIVE

A facility in Norrköping, Sweden claims to be the world's largest collection of paranormal phenomena, stretching over 4.2 kilometers of underground shelves. The Archives for the Unexplained (AFU) was founded over 50 years ago and boasts an assortment of esoteric items, including first-hand accounts of otherworldly visits and spectral photographs, according to a report by Phys.org.

Clas Svahn, 65, who runs the archive with Anders Liljegren, 73, emphasized the archive's commitment to preserving these mysteries for scholarly inquiry. “We're trying to get as much as we can on ... every kind of unsolved scientific mystery that we can find ... to make this

available for the world,” he said.

The facility, which sees about 300 visitors annually by appointment, is in the throes of digitalization, offering global access through a secure server. This initiative supports a growing trend toward legitimizing the study of the unexplained in scientific fields.




WOMAN EXPERIENCES MYSTERIOUS ‘TIME SLIP’

In an extraordinary account reported by the Mirror, Julie French, a woman in her 50s, claimed to have experienced a “time slip” while strolling down Liverpool's Bold Street in the U.K. back in her 20s. According to Julie, as she walked past a bookstore, the environment suddenly transformed into the 1940s.



She did a double take, thinking it must have been a war-related promotion. “But then when I looked down at the floor, the pavement seemed to go darker. I turned around and as I looked up Bold Street, I saw about 12 or 13 people walking by all dressed in 1940s coats and hats,” she said. “And what was even more significant was on the day it happened in June 1996, it was warm and I was wearing a T-shirt and jeans, but the people on the street seemed to be in the cold.”

This phenomenon, known as a “time slip,” suggests a sudden, inexplicable travel through time. Julie's account adds to a series of similar experiences reported on Bold Street, a location notorious for such mysterious occurrences.◆



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EERIE ENCOUNTERS:

Inside the 'Ghostly Tales' Book Series With Nonny Mendoza

By Cheryl Knight-Wilson

Marielena “Nonny” Mendoza’s life is a captivating blend of personal evolution and deep-seated curiosity about the paranormal. Raised in Huntington Park, California, and later relocating to Downey, Nonny’s childhood was marked by an array of paranormal experiences that fueled her interest in ancient mysteries and the supernatural.

This early exposure to paranormal activity set the foundation for a lifetime of exploration into unexplained phenomena, an interest that profoundly shaped both her personal and professional journeys.

Nonny’s career began in graphic design, where she quickly transitioned from employee to entrepreneur, establishing her own publishing business. However, her spirit yearned for deeper meaning, leading her to a pivotal life change at 38 when she joined the Navy. Her decade-long service was transformative, enhancing her understanding of the world and self, especially during her time stationed in New Orleans — a city ripe with cultural richness and a vibrant supernatural history. This environment rekindled her passion for the paranormal, inspiring her to delve further into the subject.

After retiring from the Navy with honors, Nonny channeled her rich tapestry of experiences into writing. Her *Ghostly Tales* book series draws from her personal encounters with the paranormal, providing readers with a unique insight into the mystical. Her first book, *Awaken the Dreamer*, not only recounts these experiences but also explores larger themes of awareness and government secrecy, positioning Nonny as not just a storyteller, but also a commentator on spiritual evolution. Through her writings, Nonny invites her audience to contemplate the profound mysteries that pervade our existence, encouraging a deeper consciousness about our world and beyond.

We recently spoke with Nonny about her paranormal encounters, the inspiration for her books, and what’s in store for the future.

* * * * *

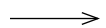


Nonny Mendoza's early paranormal experiences led to her "Ghostly Tales" book series.

Q: Your *Ghostly Tales* book series obviously leans into the supernatural. What sparked your fascination with the paranormal, and how does it influence your storytelling?

Nonny: When I was five years old, my family lived in Huntington Park, California, on Seville Ave. That's where my journey into the paranormal began. One sunny day while playing in the backyard, I spotted a flying saucer hovering above me. It was a mix of excitement, confusion, and fear.

Two years later, we moved to a new house on Live Oak St., but the paranormal experiences continued. I encountered shadowy figures, floating ghosts, mysterious blue orbs, and even a strange alien-like creature. These





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With ...



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Underground*



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*Psychic Intuitive
& Paranormal
Researcher*



Karen Frazier
*Author & Energy
Healer*

TUNE IN TODAY ON ITUNES, PODBEAN & MORE!

experiences inspired me to write and share them with others. I believe that real stories, like mine, have a unique appeal to readers. They had been on my mind for years, and in 2018, I finally decided to write them down. It's been quite a journey!

Q: Can you tell us about the motivation behind writing your *Awaken the Dreamer: Breaking Through the Illusion* book and how it relates to your other works.?

Nonny: *Awaken the Dreamer* grapples with my personal awakening derived from my paranormal experiences. Somehow, I was astral traveling without realizing it. It was no longer ghost or shadows. I was exploring different realms and possibly dimensions.

In the midst of my personal awakening, I was very drawn to the conspiracy subjects. With a new understanding that we as a spiritual human race were under attack from a darkness felt but not seen. *Awaken the Dreamer*, I believe, was prophetic foretelling events that came to pass.

This book was a personal and important one to write. Despite my insecurities and fear of ridicule, I believed sharing my personal awakening was important. In many ways, writing it all down released my mind from reliving them again. There is so much more to learn about the worlds and realms we cannot see. *Awaken the Dreamer* is my personal ghost story that influenced the *Ghostly Tales* books.

Q: Are there any unique rituals or methods that you employ to get into the mindset for crafting your books?

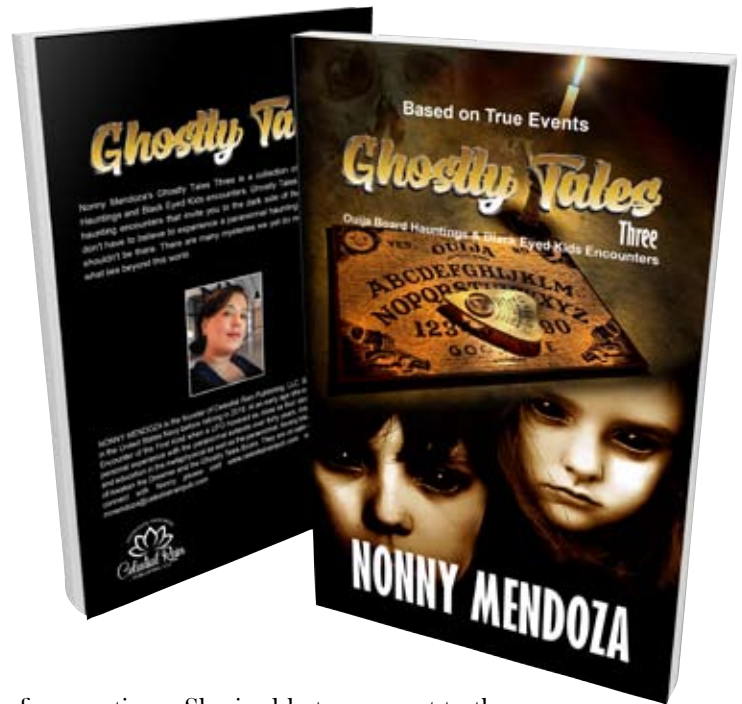
Nonny: This is a great question. I am a graphic design artist, and what I love to do before typing a single word is I get my creative juices flowing by designing the book cover first. Mental organization.

I create all the chapters and then get started on the book. This helps me stay organized and focused, one chapter at a time.

Q: Writing often requires a great deal of research, especially when tackling subjects as nuanced as the paranormal or personal growth. What resources or experiences have been invaluable to you in your research?

Nonny: Apart from my personal paranormal experiences, I also have what I call my secret weapon. I have a mentor Naryha Castaneda, a true clairvoyant. In fact, you profiled her in your July 2017 issue.

Naryha guides me when I am doing research on many things. When book research isn't enough, I turn to her



for questions. She is able to connect to the other side and can see past and future. She encourages me to explore my own abilities, including astral traveling and psychic abilities. She has taught me to listen to my intuition. With her guidance I am able to discern truth and falsehoods in this world and the next.

Q: What's next on the horizon for you? Are there any upcoming projects or books that your fans should be eagerly anticipating?

Nonny: Right now, I'm working on a significant project that I believe will garner a lot of attention. I'm collaborating with Naryha, and I'm really excited about it. Additionally, I'm focused on increasing exposure to my books by promoting them on my YouTube channel with a video podcast called *The Awakening Hour with Nonny Mendoza*.

Q: What else is important for our readers to know?

Nonny: I wanted to share this bit of inside information. We are in a new era, the Age of Aquarius. The age of truth and enlightenment. This age brings continental shifting, societal collapses, and power struggles. This is happening because the past is dying and a new is birthing. We must accept the changes and learn to adapt, because what lies ahead is peace and paradise. The new world.

* * * * *

To learn more about Nonny and her work, visit her [website](#), [YouTube](#), and [Amazon page](#). ♦



Haunted 1861 Masonic Lodge

Overnight Paranormal Investigations

Keithsburg, Illinois

haunted1861masonic.com

KALANI GHOST HUNTER:

FROM UNKNOWN COWBOY TO PARANORMAL SUPERSTAR

By Cody Sharpe

We all do it ... bored at home, scrolling TikTok when we should be doing other things, and you come upon a livestream of a paranormal investigation. This is exactly what I was doing one evening when I happened upon a stream featuring a guy in a cowboy hat.

In this particular livestream, it was almost midnight and there were close to 1,000 followers. This got me even more intrigued. I ended up watching for about an hour, and I have to tell you, I was amazed by what I saw.

Maybe you've already heard of Kalani Smith, known on TikTok as Kalani Ghost Hunter? He currently has a TikTok following of 2.9 million people, making him one of the largest paranormal creators on TikTok. He has conducted more than 125 investigations around the world and has produced thousands of livestreams and videos.

How did Kalani get started, and how did he become so popular? To answer that question, I sat down with Kalani recently while he was hosting one of his public ghost hunts at the Bell Mansion in Fort Wayne, Indiana.

From Casual Hobby to TikTok Fame

Kalani got his start thanks to his wife, Savannah, who actually encouraged him to post some videos on TikTok. From there, he took off. Why did Kalani choose TikTok?

"TikTok was like the Wild West when I started. There were people that were doing paranormal, but I never wanted to be a content creator," he said. "When I posted my first video ... I was interested in the paranormal and was just doing it, helping another event company on the side just so I could investigate when I had time. It was just a hobby I would indulge in every now and then. The only reason it turned into what it is today is because my wife said to post a couple of videos and see what people thought of it because she thought it was cool."

I also asked Kalani about his burgeoning community and why he decided to do events where people can join him.



Kalani Smith turned a hobby into a TikTok sensation.

"The event aspect kind of came later, because people were always saying they wanted to investigate with me," he explained.

Prior to doing his own events, Kalani was a paranormal tour guide. The transition to hosting his own events turned out to be pretty natural for him.

"People want to come and go to these places, but they don't want to pay for a full private tour or they are too scared to do a full private," he said. "Sometimes, a lot of these locations you go to are just too hectic. So, we limit how many people can come. The experience is better for



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BY THE LINEUP



Kalani meets up with the *Project Fear* team.

those who do come as smaller groups are a lot easier to investigate with.”

Kalani’s Interactive Paranormal Investigations

Kalani also hosts a [Discord channel](#) where his die-hard fans, including myself, can meet and chat about investigations and the evidence that was captured. He shares when he is going live and when he drops new videos.

During his livestreamed investigations, he always has a crowd in his channel, and he takes live request. I have actually witnessed him take suggestions from people and try suggestions live.

Kalani’s paranormal lockdowns feature a multi-camera setup, providing an immersive viewing experience that captivates his audience. He shared that some fans are so enthralled by his YouTube streams that they’ve called out of work just to watch and often sacrifice sleep to stay tuned. Additionally, Kalani highlighted the inclusivity of his live streams, which offer people with disabilities the opportunity to participate in paranormal investigations from the comfort of their own homes.

This is the positive type of investigating that we need in the paranormal community.

While I was in Kalani’s Discord channel, I was able to speak to two of his fans turned moderators. The first, Jen, was introduced to Kalani last year by a close friend. At first she was reluctant to watch a livestream, but after she did watch a stream, which happened to be at The Bell Mansion, she was immediately captivated.

Jen revealed that she has been hooked since that day.

“He’s 1000% real and unabashed. Completely brazen,” she said. “I really appreciate that in a person, especially a public figure. His humor is just dark and sardonic enough to get even the most stone-faced viewer chuckling, and he’s not ashamed to admit his faults. He consistently debunks his evidence and doesn’t play things up for the camera. That is rare to find these days, when everything is about views and going viral. And while he is pragmatic, he’s also not afraid to explore theories and possibilities.”

Kalani is bringing a lot of new people to the community and giving those that cannot go to these locations a chance to experience what it’s like to be a paranormal investigator.

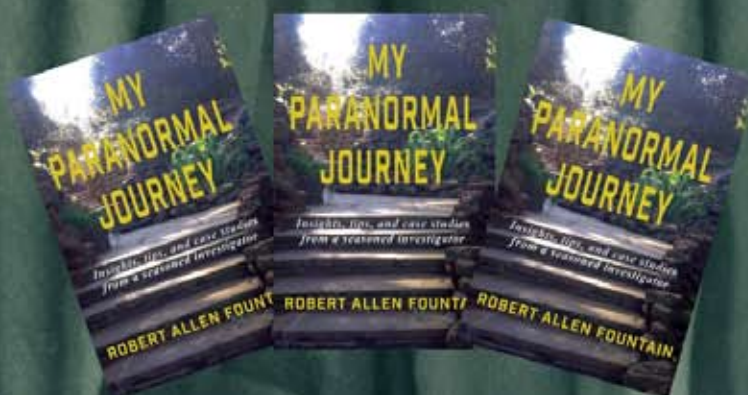
* * * * *

To find out more about Kalani, visit his [website](#), [TikTok](#), [Twitter](#), and [YouTube](#). ♦

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By Brian Allan

There are many interpretations of what and where the astral plane really is. It is my contention that it is identical to the region accessed by psychics, mediums, and shamans — the only differences are in name and context. In this article, I will set out my reasons for making this assertion; it is entirely up to the reader whether they accept them or not.

According to standard psychic dogma, there are discrete levels of existence alongside our own, collectively called the astral plane, a term given to a multi-layered, nebulous region inhabited by spirits. It is, say the psychics, the ultimate destination at which upon death all of us will eventually arrive.

While access to this region is often accomplished involuntarily through either near-death experience or out-of-body experience, it is normally implied that mediumship is the sole vehicle by which we may obtain “controlled” access to this particular level of consciousness. However, this is demonstrably not the case.

We are likewise told that there are several distinct layers, sometimes reckoned as seven (hence “seventh heaven”), occasionally less and indeed more, in this ultimate spiritual terminus. These levels range from the unpleasant to the sublime, and according to popular belief, the worse we have been in life, the lower down the levels we will find ourselves.

Those from the lower levels cannot visit the levels above, but the occupants of the upper levels may, for whatever reason, visit those dwelling further down the scale. However, one thing that all inhabitants of the astral plane can do, irrespective of their position, is arrive here in our realm as they see fit to either amicably visit or wreak havoc upon us.





Setting the Boundaries

Spiritually, the concepts here are not new and find close parallels within mainstream religious beliefs of good and bad, expressed as Heaven and Hell. Roman Catholicism adds another level, purgatory, designed as a halfway house designed to expunge the sins garnered during life preparatory to attaining sufficient grace and purity to enter Heaven.

There is nothing wrong with any of these ideas and concepts; they are intended to bring a measure of hope to humanity that its existence here on Earth is not the only reality; there is another, greater and presumably better existence yet to come.

However, they also serve another more pragmatic purpose, that of control and indoctrination; depending on how you behave in life, either eternal punishment or glorious reward awaits beyond death. The more law abiding and subservient you are, the greater chance you have of a glorious, afterlife.

This is apparently another example of the civil authorities using and modifying whatever device is at hand to ensure compliance among the population.

Early Mediumship

The concept of an astral or ethereal level of existence invites closer examination of other concepts involved in the natural order of human consciousness, especially those dealing with concepts such as “spirit” and “soul.”

The gift of mediumship, which we are told can be taught like any other skill, has, in all its forms, been around for as long as humanity. It began with the spiritual quests and journeys of shamans, normally carried out as an information-gathering adjunct to the unique positions held within the tribal groups to which they belonged. Just how these spiritual odysseys were first discovered is still a puzzle, but since the ingestion of natural hallucinogens was and still is often involved, then presumably there must have been a measure of luck, trial, and error.

While this conclusion appears logical, is also known that other methods are traditionally used to attain the necessary altered state of consciousness. These include rhythmic chanting, drumming and movement; sleep deprivation; and fasting. When combined, all of these methods will eventually produce the required mental state. However, while shamans effectively use these techniques in their rituals, it is not true mediumship, except in a general sense.

Although not a spontaneous action, genuine mediums appear to be able to disengage or attenuate their consciousness more or less at will to attain access to the astral plane.

There is, however, one question that appears to remain unanswered. Is the medium acting purely as a channel for entities already around us, or is the medium actually accessing alternate planes of existence and entering them?





The Golden Years

Traditionally, mediumship as is practiced now first appeared on the world stage in the 19th century via the teenage Fox sisters, who lived in Hydesville, New York. According to accounts from the time, the house where the Fox sisters lived had already been the scene of poltergeist activity that forced previous occupants to depart, leaving one wondering if, in some way, the sisters had somehow become psychically “sensitized.”

They claimed that they could communicate with the dead through a code based on audible taps and knocks. Although the Fox sisters helped launch the craze for spiritualism worldwide, it had been promoted and practiced in the 18th century by the talented Swedish scholar and mystic Emanuel Swedenborg (1688–1772). Swedenborg also revealed that rather than the current acceptance of seven levels of spiritual existence, there were six, comprising three heavens and three hells.

During the Victorian era, two of the most promi-

nent mediums were the Scots-American Daniel Dunglas Home, usually referred to as D.D. Home, and the English medium Florence Cook. Curiously, some of the abilities attributed to Home were levitation, bodily elongation, resistance to pain, clairvoyance, and self-luminescence; all these bizarre attributes are also credited to Christian saints and mystics. Does this mean that Christian saints were mediums or that Home was a saint?

Furthermore, another saintly attribute was the ability to converse directly with invisible entities, including God and his angels, which is in effect what mediums do. Or, on the other hand, does sainthood depend on the person, the era, motivation, and context?

Cook attained fame through her reported ability to materialize apparently totally lifelike organic forms, again presumably drawn from the astral plane, most notably one Katie King, supposedly the daughter of a long dead pirate. Claims made on behalf of Cook suggest that her ability to incarnate the dead provided proof of the resurrection of Jesus Christ; Cook did not refute these remarkable and probably blasphemous claims.

One dubious aspect of the materializations was the uncanny facial and physical resemblance of the incarnated Katie King to the medium. This similarity, it has been argued, is due to the fact that since mediums are required to provide “essence” or energy to produce the manifestations, perhaps “Katie King” was superimposed, rather like a projection, upon an energy framework provided by Cook.

While the similarity in appearance does not diminish the phenomenon, it does tend to raise suspicions, as did her insistence in secluding herself in a curtained booth during the séances. According to contemporary accounts, this was lest any light fell upon her and affect her trance. The concealment of physical mediums behind screens during séances was, and in some cases still is, standard practice, as indeed is placing bowls of water in the séance room.

Depending on the true nature of the phenomenon and if perhaps it functions at the subatomic level, the requirement for the absence of light may be due to the nature of visible light, which contains a number of different frequencies that may be inimical to phenomenon. Therefore, removing as much light as possible may help facilitate the manifestation. This is why in some instances the only illumination permitted in a séance room is provided by a dim, red light emanating non-harmful frequencies.

Also, water is a form of liquid crystal possibly containing viable electromagnetic energy in the form of micro vortices. Despite this, it is also arguable that in earlier times Cook, especially in view of the “Christ connection,” Home, and indeed many other mediums would have been burned as witches.

Modern Developments

With the advent of modern thinking on the subject came a different view of what was possible in psychic terms. In the 1970s, during the paranoia of the Cold War, the Russian and American security services entered into a race to gain the psychic high ground. Based on fears that the USSR was developing a system of spying based on the abilities of psychics to remotely “see” targets, the American CIA — in conjunction with the Stanford Research Institute — founded Project Sun Streak, which later evolved into the Stargate Project.

This black-ops initiative was located in a secluded group of wooden buildings located at the home of the National Security Agency in Fort Meade, Maryland. It is probably no accident that Fort Meade is also home to the U.S. Army Intelligence service. One of the leading members of this series of experiments was former U.S. Ranger and Special Forces officer Major David Morehouse.

During his experiences while part of the clandestine Stargate Project, he allegedly learned to project part of his consciousness to any given location on the surface of the planet and, incredibly, even beyond, aided only by photographs and finally solely using map coordinates. While in the process of projecting his consciousness, he described sights, sounds, and sensations, including visions of beings he describes as “angels.”

Other plans under consideration, which were mentioned by Morehouse and others, suggest that once in a suitable mental state, they could not only travel in space, but also in time to both past and future. This development is perhaps the most exciting and fantastic part of the entire project, where possibly effect proceeds cause. And in a typical example of time paradox, the result could be observed before the action was taken. Perhaps, fortunately, the entire project was shelved and then abandoned because the results were too hit or miss and could not be properly quantified and guaranteed.

Are these impressions real, or are they part of the brain’s internal mapping system designed to act as reference points for the mind and therefore consciousness? All these factors are identical to those described by mediums traveling in the astral plane; it is therefore reasonable to assume that Morehouse and his colleagues also achieved access to this nebulous realm.

One aspect of this attempt at transcending conventional reality is the prospect of time travel, this apparent impossibility is now becoming theoretically credible as quantum physicists theorize the possibility of manipulating gravity and therefore space/time, thereby creating localized time

shifts. So far, this only appears to exist in one direction, but indications are that once a body, or indeed non-material consciousness, is projected outside the constraints of Newtonian physics, then literally anything is possible.

The Outer Limits

The most recent attempts to explain the nature of the astral plane have finally attempted to draw together strands of quasi-religious trappings with an extraterrestrial/interdimensional, hybrid existence that roughly equates

with a spiritual dimension that is above human. This begs comparison with the beliefs of certain modern millennial cults. Marshall Applewhite’s Heaven’s Gate cult is a good particularly example — members decided to leave their “husks” or bodily constraints and

attain a higher level of existence, perhaps a variation on the astral plane.

According to Applewhite and his followers, their destiny lay in a spaceship hidden within the tail of the spectacular Hale-Bop comet as it passed the solar system in the 1990s. They did this by consuming a lethal cocktail of powdered sleeping pills mixed with applesauce washed down with vodka. To make certain of their departure, as they sank into drug-induced slumber, another member of the cult placed plastic bags over their heads so that they suffocated.

They were uniformly dressed in black and wore light-colored running shoes; whoever placed the plastic bags over their heads also placed squares of purple material in a diamond fashion covering their faces and chests. Bizarrely, they also had passports and driving licenses in their breast pockets, perhaps to aid with posthumous identification.

Although initially they were all assumed to be highly motivated and intelligent people, later investigation indicated that they were, instead, largely gullible misfits who fell for the allure of Applewhite’s utopian vision. Strangely, unlike other mass suicides, such as the infamous Jonestown massacre in Guyana, all the dead Heaven’s Gate members conveyed a sense of peace, dignity, and ordered tranquility.

Applewhite (who had at one point in his life castrated himself) joined his flock in their final journey and was dressed and covered in an identical manner. Those of the cult who are left alive, because they did not feel ready to embark on this very much one-way trip — evidently there was no compunction on them to join the others — appear to fully approve of their comrades’ decision and Applewhite’s teachings.

In one sense, Applewhite and his UFO-based, oddly pacifist and altruistic asexual ethos mimics earlier religious groups, such as the Perfecti of the Cathars and the Bo-

→



gomils. These religious splinter groups rejected the physical world and maintained that celibacy, including the use of castration, brought them closer to spiritual perfection. Significantly, like these other groups, Applewhite and his devotees also died unnatural deaths by suicide.

Did they reach their hidden spacecraft? Or did they reach the astral plane? It is possible to argue that they did both. Claims made over millennia have all, in the end, come down to the same root doctrine: belief in an afterlife. It matters not whether this is Heaven, paradise, Allah's Garden, a realm above the physical, the astral plane, or a spacecraft. It all ties into an inbuilt survival mechanism and very human need to understand what lies beyond the veil of death.

Psychics, mediums, and shamans regularly voluntarily

travel to this region of spirits using barely understood mechanisms to do so. Although, perhaps only now is science coming to accept the possibility that it is not down to sheer imagination. Evidence is slowly emerging that consciousness is not purely a function of the human brain that exists only as a set of chemical and electrical processes. Rather, it is a detectable entity in its own right.

While the use of the term "spirit" tends to cloud the concepts we are dealing with, a quasi-mystical and unnecessary religious tone, it is difficult to use other, less evocative descriptions. Perhaps using expressions such as "external energy matrices" is more accurate, but it also tends to dehumanize the experience.

If we can assume that we are indeed no more than collections of swirling molecules bound together by an electrical charge, it becomes easier to understand why we interact with other energy fields. As full understudying of the energy of consciousness is understood, it also makes it easier to appreciate the true nature of "spirit."

The ET Connection

If it is possible that the astral plane is accessible at will in a non-physical form via an altered state of consciousness, then this level of existence acts almost like a "superhighway" outside normal constraints of time and space. Once the quasi-religious trappings and traditional, non-mechanistic ritual is stripped away, then the astral plane emerges as one of the possible extra dimensions at the subatomic level theorized by proponents of quantum physics.

If the evidence of research groups such as the Scole Experimental Group is credible, then there are entities, including what we refer to as "spirits of the dead," existing in perpetuity and in real time outside our continuum. According to the Scole Experimental Group, this level of existence is also known about and recognized by beings residing beyond even this bewildering reality.

Perhaps they are able to traverse it and arrive here for some, as yet, unknown purpose. Certainly, the residents of the astral plane are aware of them and are as powerless as we are to prevent their arrival here.

We are told that through the use of their technology, they come here because, like them, we exist in physical terms. Although they are not all necessarily hostile to humanity, evidently some are. It is when we actually contemplate entities such as these that we come face to face with what humanity has, for millennia, deemed as demons, devils, and perhaps even Satan himself.

It also becomes credible that what we assume is the consummate evil embodied by these beings is no more than how they function naturally, without any artificial

constraints of compassion, conscience, or responsibility imposed upon them. If this is indeed the case, perhaps it is fortunate we have relatively little contact with them.

In case we assume that the discoveries of theoretical physicists exist solely within the realms of fantasy, consider that they have already been pivotal in the development of the atomic energy and, more recently, have led to, among other things, the development of quantum computers. Prototypes of these incredible devices have already been constructed and function, literally, in more than one dimension at a time, using a phenomenon called quantum entanglement.

This phenomenon indicates that once two particles have been in contact, there exists a bond between them that is totally intangible and allows changes applied to one particle to be instantly experienced by the other particle.

This creates the potential for these machines to perform billions of tasks simultaneously. It is the implementation of this aspect of quantum theory that indicates the theory of the existence of alternate universes is becoming a fact.

Once this becomes proven, then it is only a question of time, determination, and resources before human

curiosity, inexorably and probably unwisely, attempts to bridge the gap between.

In Conclusion

Whether or not we can ever achieve controlled and intentional access — via some form of purely artificial and technological means — to the dimension we call the astral plane is, as yet, pure speculation. However, as advances in the field of quantum science reduce the world and universe we live in to its ultimate and indivisible component particles, would this become

the physicist's ultimate goal, the "Theory of Everything"?

Perhaps, and if and when we achieve the breakthrough, we could use this alternate reality as a form of interdimensional, stellar transport unfettered by the stifling restrictions of time and space. Using this technology, do we in effect become like the gods we once worshiped and stride across the boundless infinities of space and time, manipulating and interfering with the realities of lesser beings?

The temptations to do this will always be there, and until humanity has learned sufficient humility to use its gifts and abilities wisely, perhaps it is better that our aspirations continue to be greater than our ability to achieve them. ♦

*Will we ever achieve
controlled and intentional
access to what we call the
astral plane?*

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SPECTRAL STRONGHOLDS: 5 HAUNTED CASTLES OF EUROPE

BY CHERYL KNIGHT-WILSON

The castles of Europe are not just remnants of medieval grandeur. They are also repositories of history's darker echoes. These grand fortresses are often woven into the local lore, with tales of ghostly sightings and supernatural events that have been passed down through generations.

Let's dive into the haunted histories of some of Europe's most famous castles and explore ancient haunts, historical battles, and eerie phenomena that make them fascinating subjects for ghost hunters and history enthusiasts alike.

1. Edinburgh Castle, Scotland: A Fortress of Phantoms

Perched atop Castle Rock, Edinburgh Castle dominates the skyline of Scotland's capital. Its history stretches back to the Iron Age, and it has been a site of numerous bloody battles, royal intrigues, and executions. It is no wonder that it is reputed to be one of the most haunted places in Scotland.

Visitors and staff have reported encounters with a headless drummer, a piper who vanished into the tunnels beneath the castle, and the ghost of Lady Janet Douglas, who was burned at the stake for witchcraft in 1537. The castle's dungeons, where prisoners of war were once held, are said to be particularly rife with paranormal activity.

2. Bran Castle, Romania: Gateway to the Legend of Dracula

Often associated with the legend of Dracula, Bran Castle sits in the border region between Transylvania and Wallachia. Built in the 14th century to guard against invasions, today it is more famous for its connection to Bram Stoker's famous vampire.

While Stoker never visited Romania, the castle's dramatic appearance and folklore have made it a focal



Edinburgh Castle, a historic beacon of royal drama and spectral sightings, looms ominously over Scotland's capital. (Photo: Dave Bradford)

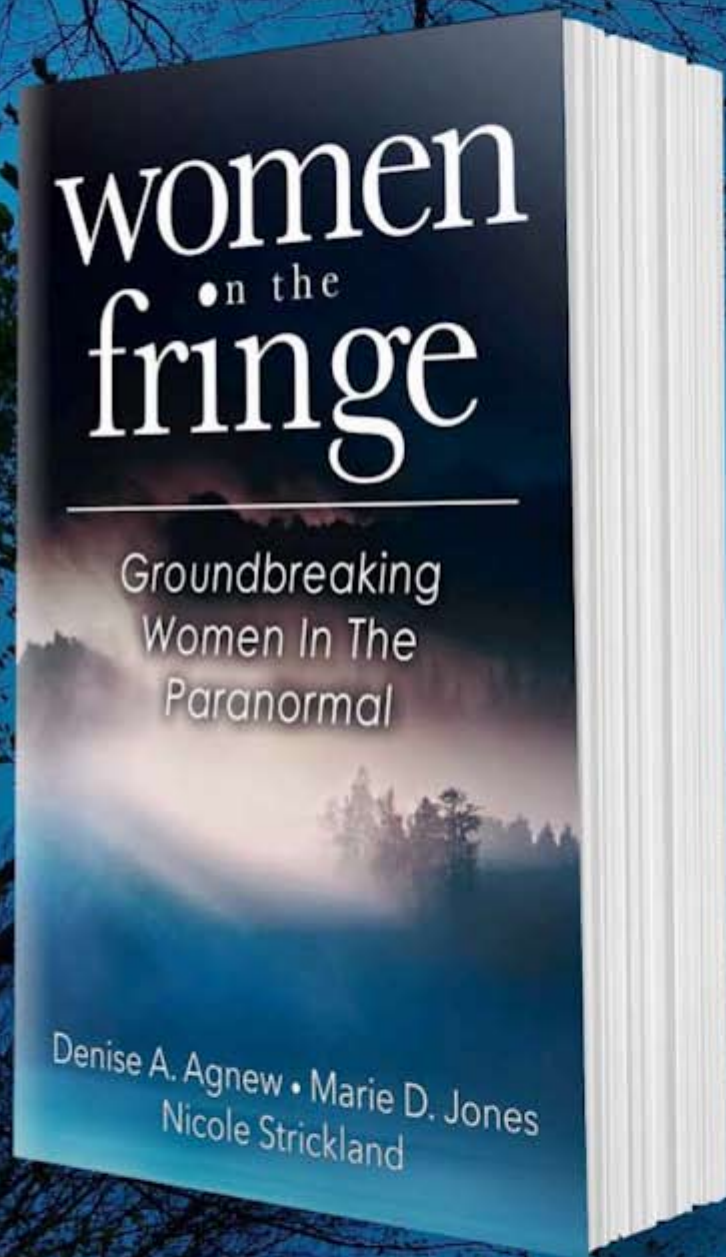
point for tales of the supernatural. Tourists flock here not just for its historical significance, but also for the chilling experiences reported in the dead of night, from mysterious shadows to inexplicable cold spots throughout the grand halls.

3. Château de Brissac, France: The Green Lady's Domain

The Château de Brissac is a majestic castle in the Loire Valley, known as the tallest in France and famous for its beautiful interior. However, it is also known for the Green Lady, or "la Dame Verte," reputed to be the ghost of Charlotte of France, who was murdered in the castle in the 15th century.



"Five stars! Fascinating!"
Karen Mueller Bryson
USA Today Best-Selling Author



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Houska Castle, built over a purported “gateway to Hell,” is a nexus of eerie legends and unsettling encounters in the Czech Republic. (Photo: Petr Polak)

She is often seen in the tower room of the chapel, wearing her green dress; her moans are heard echoing through the halls in the early morning. Visitors report sightings of her ghastly face, with hollow eye sockets that chill the spine.

4. Houska Castle, Czech Republic: Guarding the Gateway to the Supernatural

Houska Castle in the Czech Republic was built in the 13th-century. It's shrouded in mystery and is famous for its legends involving demonic entities and paranormal activity. It is built over a large hole in the ground, which local folklore claims is a “gateway to Hell.”

The castle was reportedly constructed to seal this gateway. Stories tell of half-animal, half-human creatures emerging from the pit. Many visitors and paranormal investigators report strange occurrences and feeling uneasy within its walls, making Houska Castle a compelling destination for those interested in the supernatural and haunted history.

5. Pidhirtsi Castle, Ukraine: The Woman in White

The Pidhirtsi Castle is a Renaissance castle that has seen many owners and has been the site of numerous historical events, including battles and sieges. Its most

famous ghost is the “Woman in White,” believed to be the troubled spirit of a young woman who was bricked up alive within the castle walls by her husband.

Visitors report seeing her ghostly visage peering out of the windows, and her presence is accompanied by a sudden drop in temperature and the scent of fresh flowers.

Castles as Custodians of History and Mystery

These castles, with their rich histories and dark tales, are potent symbols of Europe's past. The stories of hauntings and ghostly sightings add an intriguing layer to their historical significance, serving as a reminder of the turbulent and often violent events that these fortresses have witnessed.

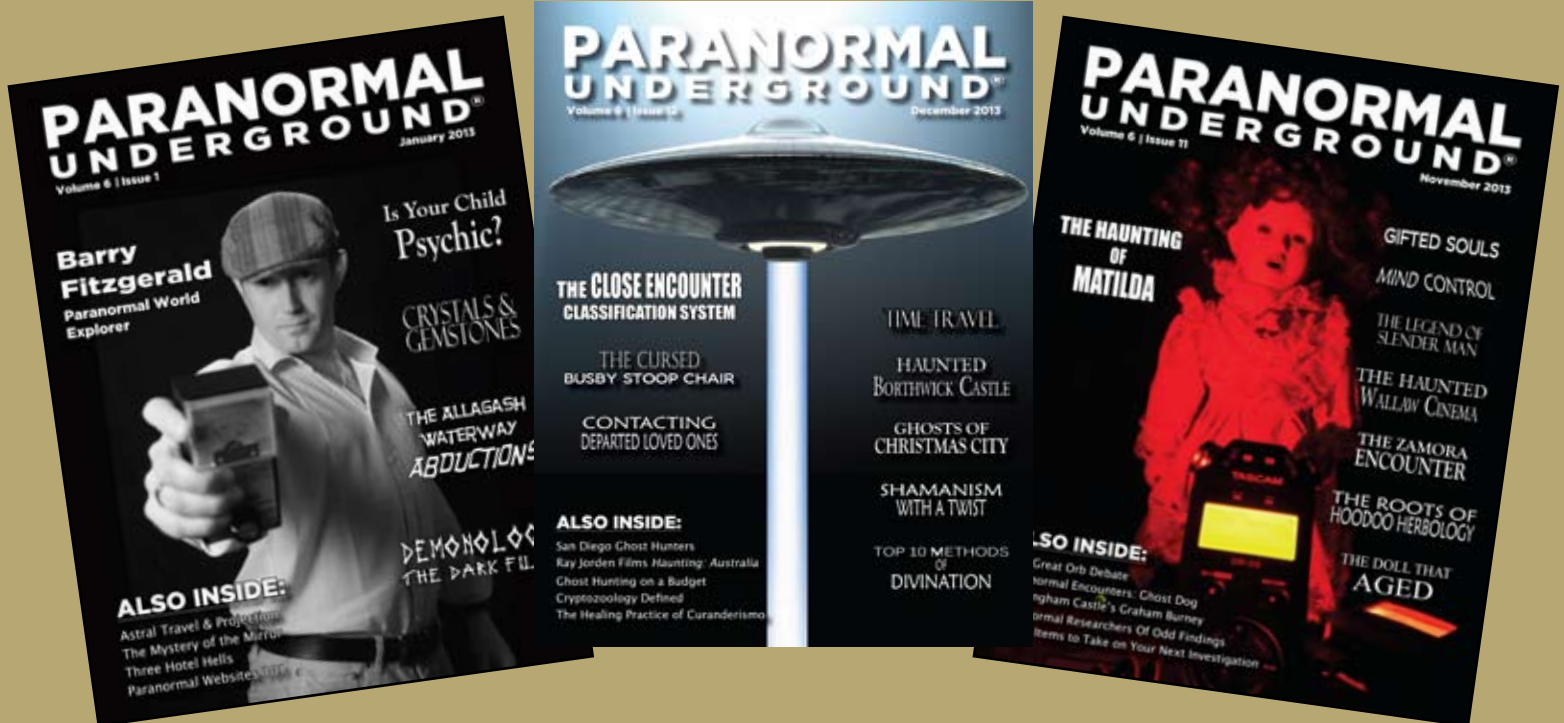
The tales of haunted castles in Europe stir the imagination and invite visitors to look deeper into the past, exploring the human stories etched into the ancient stones. Each castle tells its own unique story, not just of architectural splendor and historical battles, but also of the human emotions — fear, betrayal, and sorrow — that linger in the form of ghostly sightings and eerie sounds.

For those who are brave enough to explore these haunted sites, the castles of Europe offer a uniquely chilling encounter with history. ♦

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Light Beings and Their Connection to UFOs

By Chad Wilson

In the vast and often bewildering realm of UFO encounters, there exists a subset of reports that defy conventional explanation: sightings of luminous entities accompanying UFOs, called UAPs in more modern vernacular.

These encounters, recounted by witnesses around the world, offer a tantalizing glimpse into the mysteries of the cosmos and the potential interconnection between UFO phenomena and otherworldly beings.

Beings of Light

One of the most intriguing aspects of these encounters is the appearance of luminous, ethereal beings, described as light beings or light entities. Witnesses often report seeing these entities in conjunction with UFO sightings, leading to speculation about their origins, nature, and possible connection to extraterrestrial craft. Accounts vary widely, with descriptions ranging from shimmering orbs of light to humanoid figures bathed in an otherworldly glow.

Many who have encountered these luminous entities describe feelings of awe, wonder, and even spiritual transformation. Some witnesses report telepathic communication or profound psychic experiences in the presence of these beings, suggesting a potential link to higher states of consciousness or interdimensional realities. These encounters challenge our understanding of the universe and invite us to contemplate the existence of beings and phenomena beyond the limits of our current scientific paradigm.

Are Some Aliens Transdimensional in Nature?

One particularly compelling aspect of these encounters is the recurring theme of interdimensional travel or transdimensional beings. Some researchers propose that these

luminous entities may exist in parallel dimensions or alternate realities, occasionally intersecting with our own physical realm. This hypothesis aligns with emerging theories in quantum physics, which suggest the existence of multiple dimensions beyond our familiar three-dimensional space.

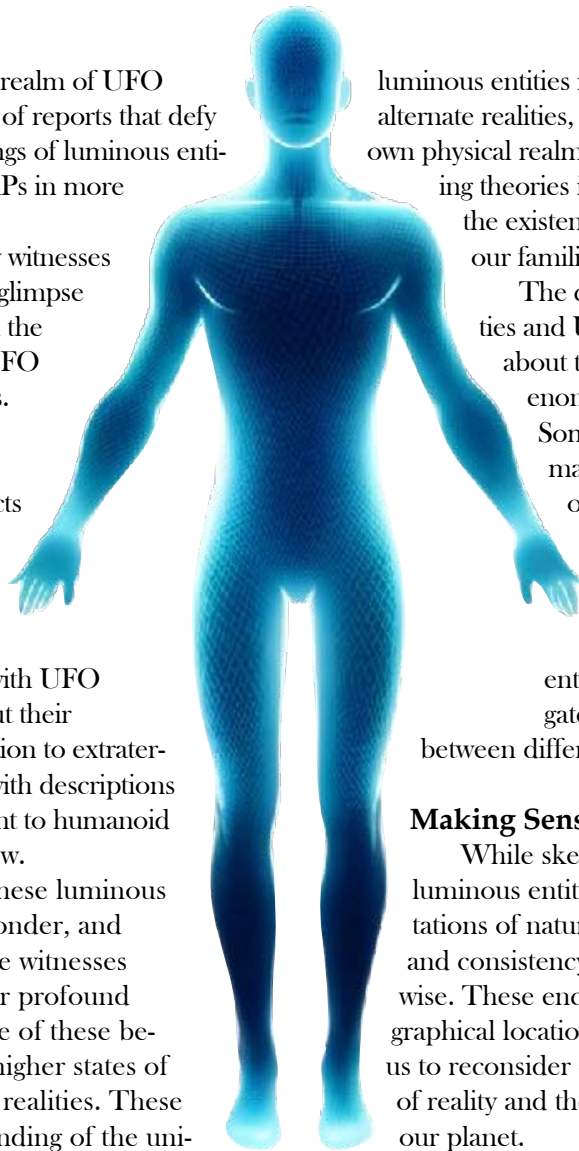
The connection between luminous entities and UFO sightings has led to speculation about their role in the broader phenomenon of unidentified aerial phenomena. Some theorists propose that these beings may serve as guides, observers, or even occupants of extraterrestrial craft, offering insights into the intentions and motivations behind UFO encounters.

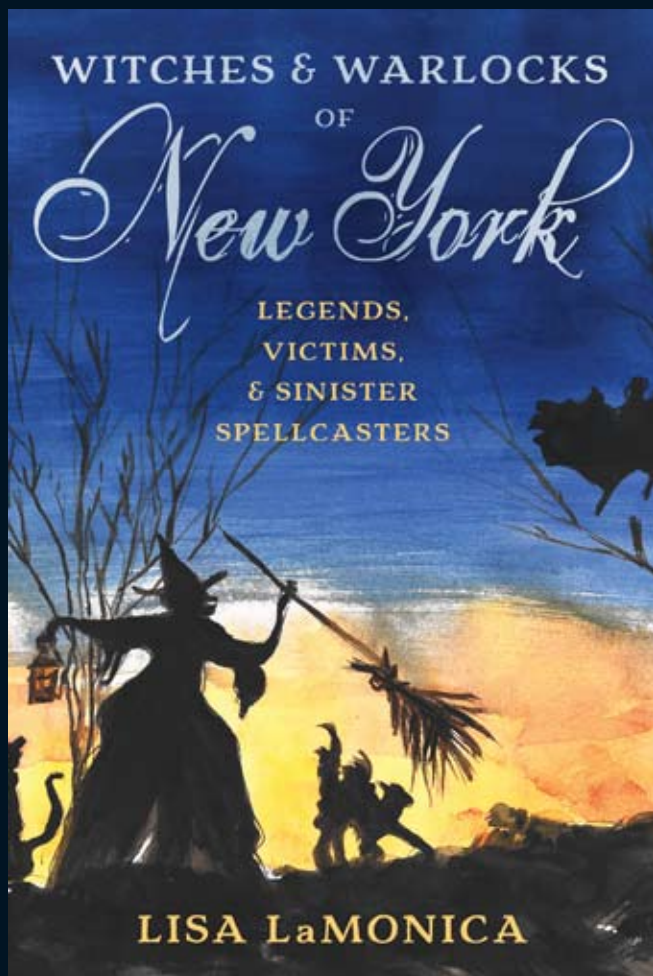
Others speculate that these entities may be guardians of cosmic gateways or portals, facilitating travel between different realms of existence.

Making Sense of It All

While skeptics may dismiss accounts of luminous entities as hallucinations or misinterpretations of natural phenomena, the sheer number and consistency of witness reports suggest otherwise. These encounters span diverse cultures, geographical locations, and time periods, challenging us to reconsider our assumptions about the nature of reality and the existence of intelligent life beyond our planet.

The phenomenon of luminous entities associated with UFO sightings offers a fascinating glimpse into the mysteries of the universe and the potential interconnection between different dimensions of reality. Whether these beings are extraterrestrial visitors, interdimensional travelers, or manifestations of our own consciousness, their presence invites us to explore the boundaries of human knowledge and expand our understanding of the cosmos. ♦



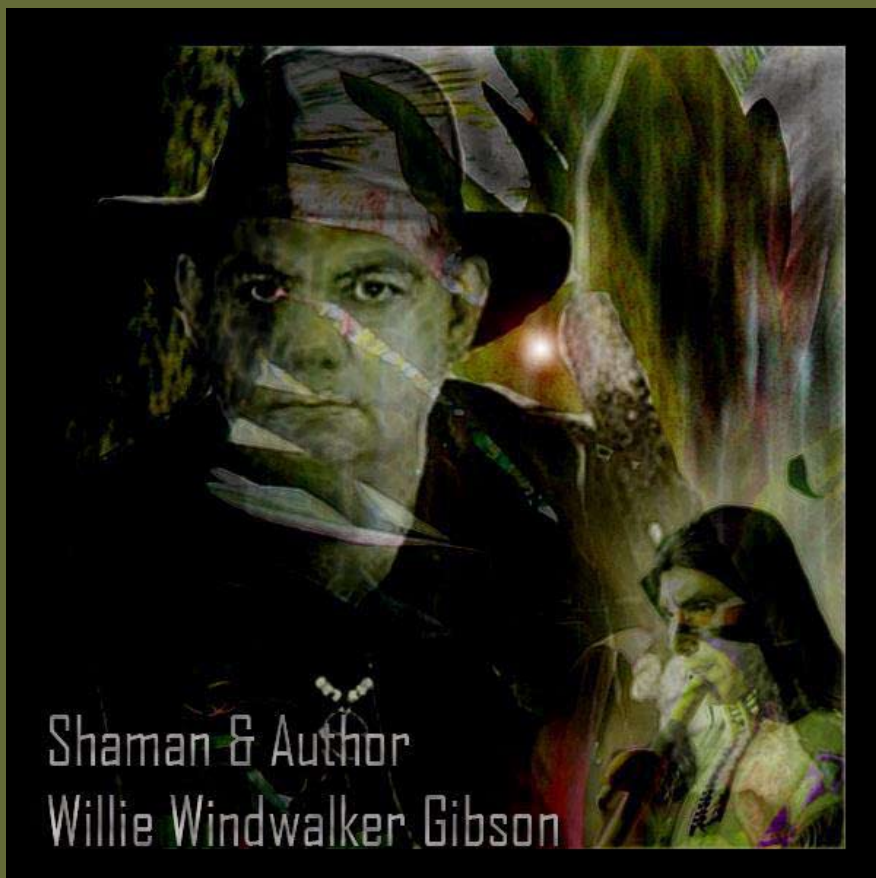


New York has a surprisingly rich and lasting history of witches and witchcraft.

“Witches and Warlocks of New York” is a collection of legends and historical accounts about witches and warlocks from the Empire State.

Included are a history and origins of witchcraft in New York State and historical tales of “witches” across the state, including Hulda, the witch who was the origin behind a Brothers Grimm fairy tale and inspired parts of Washington Irving’s “Sleepy Hollow.” Plus, the East-hampton Witch Elizabeth Garlick, accused and tried 35 years before the Salem witch trials.

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EXPLORING THE SKINWALKER PHENOMENON

By Corey Sharer

In the shadowy corners of Native American folklore lies the chilling legend of the skinwalkers, beings shrouded in mystery and taboo. These enigmatic figures, capable of transforming into animals and wielding otherworldly powers, represent a profound intersection of cultural belief, fear, and the supernatural.

The Navajo term “yee naaldlooshii” directly translates to “he goes on all fours,” which describes a type of harmful witch who has the supernatural ability to transform into, possess, or disguise themselves as animals. These beings are central to one of the most chilling and taboo aspects of Navajo lore and are considered very serious and dangerous.

The Complex Powers and Cultural Depth of Skinwalkers

Skinwalkers are said to be capable of morphing into various animals in order to travel undetected by humans. Common animal forms include wolves, coyotes, foxes, eagles, owls, or crows. These creatures are not mere shapeshifters, but are also attributed with other supernatural powers, such as mind control, the ability to inflict pain and suffering from afar, and the capability to speak through animals or the voices of loved ones.

Understanding the significance of skinwalkers requires respect for the cultural context from which the stories arise. Within Navajo culture, the discussion of skinwalkers is not only taboo, but also feared, as mentioning them is thought to attract their attention. Therefore, much of the knowledge about these beings remains closely guarded and is typically not shared outside of the community.

This has led to a mystique that captivates the imagination of outsiders, often resulting in sensationalism that can disrespect the very real cultural significance of these tales.

Nonetheless, accounts of encounters with skinwalkers persist, particularly in regions near Navajo communities, such as the Four Corners area of the United States. Driv-



ers in the area have reported unnerving encounters with creatures running alongside their vehicles at high speeds.

One common thread among these experiences is the intense fear and eerie sensation of being watched or followed. People report seeing animals with unsettling characteristics — such as overly bright or oddly positioned eyes — behaving in ways that are not typical of the species, such as standing on hind legs or appearing unusually bold and unafraid.

Skinwalker Ranch

One particularly famous area associated with skinwalker sightings is a ranch in northeastern Utah, which has become known as “Skinwalker Ranch.” Those who have visited the ranch have reported a plethora of unexplained phenomena, including bizarre, wolf-like creatures that appear impervious to bullets, UFO sightings, and vanishing and mutilated cattle.

These stories have been popularized by books, documentaries, and even a History Channel television series, which has both fueled public interest and skepticism.

Skeptics argue that tales of skinwalkers, as with other supernatural claims, may be the result of psychological phenomena such as pareidolia (seeing meaningful images in random patterns), the power of suggestion, or simply the human propensity for storytelling. However, for those who have experienced what they believe to be encounters with these beings, the fear and the mystery are very real.

What To Do If You Run Into a Skinwalker

Hopefully, this won't ever happen, but if you do run into a skinwalker, there are a few things to keep in mind!

1. Do Not Engage or Interact: Avoid engaging with the creature. Do not attempt to communicate or confront it, as skinwalkers are considered dangerous and malevolent.

2. Leave the Area Immediately: If it's safe to do so, leave the area where the encounter occurred. Skinwalkers

are said to be able to follow or track individuals, so increasing distance from the point of encounter is often advised.

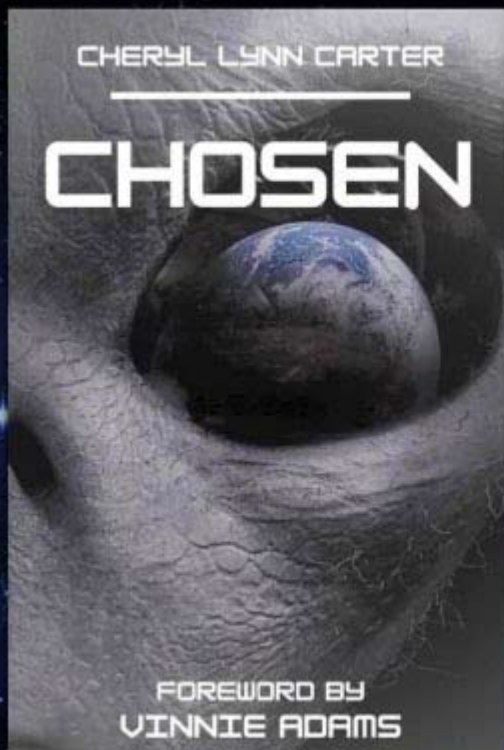
3. Protection Through Cultural and Spiritual Practices: For those within the cultural context, protection

might involve spiritual or ritualistic measures. This could include consulting with a spiritual leader, such as a medicine man or woman, who may provide blessings, protective amulets, or conduct cleansing ceremonies.

4. Maintain Anonymity: It is often said that skinwalkers can gain power over a person if they acquire personal information about them. Keeping personal details private, not speaking about the encounter, or not acknowledging the skinwalker can be considered protective measures.

5. Use of Traditional Herbs or

Symbols: Utilizing protective herbs, such as sage, cedar, or juniper, can be common. Burning these herbs and using their smoke to purify individuals and spaces is a traditional practice in some Native American cultures. Additionally, symbols or talismans that are believed to offer protection might be employed. ♦



ARIEL SCHOOL

FALCON LAKE

PASCAGOULA

RENDLESHAM FOREST

MARIO WOODS

HAUNTED BY SHADOW PEOPLE

By Paul Dale Roberts, Halo Paranormal Investigations

Recently, I placed a photo on Facebook of a full-bodied apparition I caught on camera while investigating the Madison Mansion in Esparto, California (see photo on this page). Madison Mansion was a very haunted abandoned home that was filled with satanic graffiti. We captured a lot of EVPs during the investigation.

After posting the photo, Emily of Ohio contacted me and said that she was being haunted by three shadow people. One of the shadow people resembles the entity I captured on camera from Madison Mansion. Emily also said that she had researched shadow people and knew about the hooded shadow person and the fedora-wearing shadow person, known as the Hat Man.

While Emily was not being haunted by the Hat Man or the Hooded Man, she said that one of the shadow men haunting her had a cone-shaped hat. Also, this shadow person usually accompanied by two other shadow people that do not wear hats.

Emily asked if I had ever heard of a shadow person wearing a cone shaped hat, and my answer was no. In fact, this was the first time I had ever heard of a shadow person wearing a cone-shaped hat. I drew a picture of the description she gave me (see photo on the next page).

Confronting Shadow People and Interdimensional Entities

Emily told me that the shadow people would peek through her windows, and there have been times where they materialized out of the walls. They have been also seen floating or gliding around her house. They will stop and just stare at her and her husband while they are watching TV.

On one night, the shadow people brought with



This is the photo I took at Madison Mansion, now torn down, where I captured an apparition standing outside the home.

them a “shadow spider” that was crawling on the ceiling. The shadow spider was the size of a basketball with six legs. They also had one scary incident in which a shadow person came out of the closet and, with lightning speed, dashed into a bedroom.

Emily told me that the shadow people that haunt her home have not disturbed anything in the house itself. She and her husband have not been touched or assaulted by the shadow people.

Emily said that the two shadow people that have no hats on seem to follow the cone-head shadow man, as if he is the leader. She also feels that the shadow people are studying her and her husband.

Emily wanted to know what she could do to get rid of the entities, just in case they were demonic. I, for one, do not believe that shadow people are demonic. I do believe that they are interdimensional entities and, in most cases, they seem to observe humans.

I have heard a few cases in which they have caused harm to the people they haunt. Those cases are rare, and it could be a demonic entity that those victims are seeing and not shadow people.

I provided Emily with the following information on how to self-bless her home.

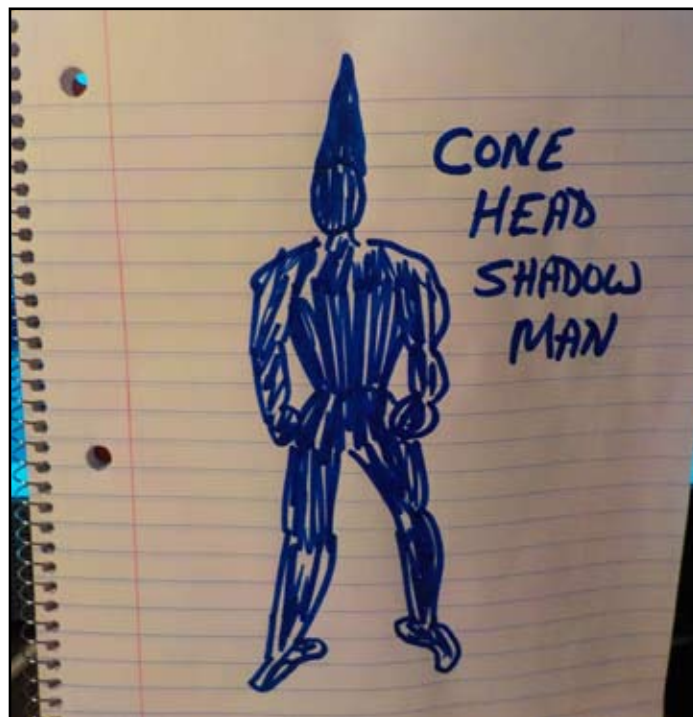
Self-Blessing Your Home

Go to your local dollar tree store and purchase some angel figurines. Take these angel figurines and dip them into holy water. Then say a protection prayer to each angel. The prayer can be as simple as this: "I ask God to protect me through this angel."

Place the angel figurines around all of the openings of your home, including windows and doorways. After this step is completed, stand in the middle of your house and say aloud a meaningful protection prayer. Ask God and his angels to protect you through the angel figurines around the house.

Also, ask the angels to close any spiritual portals in your home and vanquish any negative energy or spirits from your home.

I also connected Emily to a paranormal investigative group in Ohio. ♦



Emily told me she is haunted by three shadow people, one of which wears a cone-shaped hat. This strange figure seemingly leads two other shadow people, which often observe Emily and her husband.

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INVESTIGATING THE MYSTERIOUS LEGACY OF A HISTORICAL WAREHOUSE

BY T STOKES

For some years, I was asked by the Spiritualist Association of Great Britain to do many exorcisms. But after a while, as you get known, people will come directly to you, such was the case of the haunted warehouse.

In some writings, it was called Pickett's Warehouse, but documents from the early 1900s have it as being owned by Samuel Piggott, a merchant and land owner. When asked to clear a building of spirit infestation, I like to first look up the building and surrounding area in the local library. Everyone had a story to tell, but it was always hearsay from someone else.

Tracing the History of a Napoleonic Era Ghost

As the Napoleonic Wars were in the making, the Rothchild family loaned the British government a large sum, at huge interest, to build warehouses across the South Coast of England for the storage of war materials. The world's two most powerful countries at that time, England and France, built their war machines on Rothchild money.

The warehouse had been used for many other things in the intervening years, housing cattle over the winters, a furniture-making business, and restoring vintage cars. When I was asked to clear the building, it was being used to store farm machinery and house large sacks of cattle feed.

Before a clearing, I like to speak to those involved with the haunting separately to see if what they say tallies up. When I arrived at the warehouse, there was a man inside using a forklift. He got down and told me we could speak outside because he badly needed a smoke. He was not allowed to smoke in the building because it contained straw.

We went outside, and he explained that he had seen, many times, the shadow of a man "just standing there." In fact, sometimes the shadow was quite clear, and when he



looked directly at the figure, it would disappear. In addition, things in the warehouse would be moved overnight, including heavy items. He verified that he always locked up the site each night and no one could enter without the keys.

He also asked that I speak to others there, because they could add a lot more to the story. He added that workers at the warehouse felt this ghost was from the Napoleonic Era.

I asked if the warehouse had ever been used to house dogs. He said that it was used by a dog breeder and wondered how I knew. I told him that I always look around the sites I visit very closely and some of the wood sitting at a low level had dogs teeth marks.

Local people described various phenomena, but it all seemed to revolve around one particular spirit man, who was very visible and active. This is who I wanted to contact.

Unveiling the Truth: A Modern Spirit Disrupts Historical Assumptions

That night, while staying in a small bed and breakfast inn near the warehouse, I decided to do some retrocognition. This is a psychic technique used to look back

into the past. So, I spent some time “looking” into the Napoleonic Era. I even “watched” hundreds of horses being filed through – the horses were seized by the government and ferried to the South Coast to be sent to France for WWI. However, during my session, nothing relevant about the warehouse came up at all. I was soon to find out why.

I had permission to stay in the warehouse overnight on the strict condition I did not light any candles. So, I took my torch out, sat down as comfortably as I could, and mentally called to the spirits.

Soon, the spirit of a young man briefly appeared and then disappeared. He was in modern dress.

This was a real shock and led me to speak to an elderly lady who lived locally.

She told me her son, aged 26, who was a fit and healthy chap, was fixing a skylight in the warehouse when the roof gave way. He fell through and was killed. This occurred on July 26 1992, and had nothing to do with Napoleon or WWI as the others at the warehouse thought.

The lad’s mother and I held a small ceremony in the warehouse to release the man’s spirit. I was told that after that, the phenomena ceased. ♦

The shadow man was quite clear, and when the worker looked directly at the figure, it would disappear.



The Sharpe Side of
Paranormal



Author

Paranormal Investigator

sharpesideofparanormal.com



Haunted Brothels

The Bawdy Life of the Ladies of the Night

By Rainbow Radaelli

The Old West was not an easy time to be a career woman. There were very few jobs outside of teaching school or being a laundress, seamstress, cook, midwife, or governess.

These jobs didn't pay very well, and it was hard for women to support themselves with very little pay. Brothels offered higher wages and independence for women. So, one of the ways women implemented their livelihoods was working the streets in what is called "the world's oldest profession."

There were three types of working women. The first group, if they were very attractive, were considered courtesans — independent women who lived very lavish lifestyles. The second were middle-class ladies who could either work in brothels or be independent. Some were managed by their husbands in order to make ends meet.

The third group was the unfortunate lower class who worked in brothels not only because they were safe, but because they provided a roof over their heads. These were the gals that usually didn't get out of their situations and died within the profession. If they did get pregnant, their children were raised in the brothel life itself. Life could be very rough, especially due to jealous lovers or angry clients.



Names are a dime a dozen, but in this case these specific names meant something much saucier than for the average citizen: nymphs of the prairie, painted ladies, soiled doves, fallen angels, shady ladies, ladies of sin, frail sisters, fair belles, women of the night, scarlet ladies, ladies of the line, doves of the roost, painted cats, sporting women, ceiling experts, and the familiar courtesans.

There were many things these painted ladies did to make themselves more appealing and attractive to their clients. They used a number of cosmetics, not all healthy or good for them. Some of the ingredients used in these products were lead, mercury, and arsenic. Complexion wafers had arsenic as part of their ingredients. It would kill red blood cells and give a beautiful, smooth, milky white look to the skin.

They used some of these products for thickening their eyelashes, but there was one craze that these trendy ladies swore by, even though it was very painful. They put drops of soapy water or whisky in their eyes to give that special twinkle in their eyes.

If these products didn't kill them, they had other alternatives or vices that readily could do the trick. They could get addicted to mor-



The Dumas Brothel, operational from 1890 to 1982, is now a hotspot for paranormal investigators.
 (Photo: thescarefactor.com)

phine, called the “soldier’s disease.” Liquid opium, called laudanum, was used back in the day mostly by women. If mixed with alcohol, they usually ended up dying, sometimes accidental and sometimes on purpose.

There was also the danger of failed abortions the madams practiced behind closed doors. With some of their procedures being questionable and unsavory, many women died from unsterile conditions. These conditions created not only residual hauntings, but the commonplace apparition.

The Dumas Brothel

The Dumas Brothel in Butte, Montana, was the longest-running brothel operating, from 1890 to 1982. The Dumas was a popular place mostly among the hard-working miners who worked at the Berkeley Pit copper mine. For the common folk, the Dumas was considered a Victorian “den of vice.”

Cribs were added in 1913 and expanded in the alley in the rear of the establishment. In 1916, five partitions, a staircase, and ground floor were added. In 1917, the district was effectively closed, and the cribs were sealed

with everything in them left behind by the working girls. This created a time capsule just ripe for paranormal activity that, still to this day, attracts paranormal researchers far and wide.

The Apparitions of Sarah and Eleanor

In 1917, Sarah, a young prostitute, worked at the Dumas. She had a client named James who she intended to marry. James sent her a love letter that she displayed in her crib. Unfortunately, James was killed in a mine explosion the day after she received the letter.

Sarah ended up overdosing on opium, and her restless spirit is said to still roam the Dumas. Disembodied voices can be heard, as well as mists that appear out of nowhere.

In 1955, a woman named Eleanor committed suicide at the Dumas. She had recently taken over running the Dumas after the former madam, Lilian Walden retired. As with so many of these salty ladies, Eleanor wanted the normalcy of a married life, so she decided to run away with her lover to get married and start her life anew. Her lover, unfortunately, was a married Butte business man. Eleanor waited patiently with suitcase in hand for her



The Bird Cage Theatre, opened in 1881 in Tombstone, Arizona, served as a theater, saloon, brothel, and gambling parlor. It reportedly houses all types of paranormal activity inside its walls. (Photo: Hawkeye58 via Wikimedia)

lover to come pick her up the following day, but he never showed up.

In the morning, Eleanor was found in room 20 dead from an overdose of sleeping pills and liquor. Unknowingly to her, her lover had died from a heart attack prior to picking her up. Afterwards, girls working there saw full-bodied apparitions of Eleanor with her suitcase, walking the halls looking for her lover.

Another madam, named Bonita Farren, ran the place in 1955 and stayed until her death in 1969. It is believed that one of the spirits haunting the property is possibly Bonita. People have witnessed falling mirrors, been touched from unseen hands, and felt shaking beds.

There is no end to such strong emotions, running from highs to lows, passing through the Dumas, and depending on the outcome of each day, unknown dangers could happen at a moment's notice. Unwanted pregnancies, complications due to opium-induced abortions, venereal disease, and violence or death due to angry or jealous clients were a daily occurrence for these women. People can still see the remains of a bloody handprint in one of the lower crib areas.

Bird Cage Theatre

In 1881, Lottie and William Hutchinson opened the Bird Cage Theatre in Tombstone, Arizona, to the public. It would stay open for eight years, operating continually 24 hours a day, seven days a week. It was a theater, saloon, brothel, and gambling parlor. It was named after its working girls.

Polite society referred to the girls as "soiled doves." They would take clients into private boxes suspended from the ceiling. They were called "ceiling experts" or "horizontally employed." The Bird Cage Theatre is probably one of the most famous brothels, especially with so many different paranormal shows doing their investigations there, including *Ghost Adventures*, *Ghost Hunters*, *Paranormal Files*, and *Ghost Lab*.

Wyatt Earp had a private room reserved, enjoying the comforts of Josephine Sarah Marcus. Josephine worked at the Bird Cage both as an entertainer and a horizontal working girl. They later married.

The many hauntings of the Bird Cage Theatre are said to be a result of 26 people dying, with the most infamous murder involving painted lady Margarita. In 1882,

Billy Milgreen was caught in the company of the beautiful Margarita. Margarita's rival was Gold Dollar. Billy was a regular of Gold Dollar, and on the sly he decided to see Margarita.

It was believed by some that Billy was Gold Dollar's live-in lover. Gold Dollar was also known as Little Gertie, and even though she was considered as a gutsy and no-nonsense kind of gal, Margarita wasn't afraid of her due to her petiteness.

It was a deadly mistake for Margarita to underestimate her rival's reputation. The two fought, and it wasn't until Gold Dollar saw Margarita crawl into Milgreen's lap that she did the unthinkable. Feeling slighted that she had lost her man, who was also a tried-and-true customer, she grabbed a handful of Margarita's hair and stabbed her with a double-edged stiletto hidden away in her garter, hacking away at Margarita's heart.

It was a macabre moment, and realizing what she had done, Gold Dollar didn't stick around and fled the scene as soon as the marshal arrived. Gold Dollar was eventually apprehended, but she didn't have the murder weapon. As was the case in the Wild West days, no charges were filed, because if there was no murder weapon, there was no evidence, even though there were eyewitnesses to the horrid event.

Some people claim to have glimpsed the silhouette of the beautiful Margarita after she died. The whereabouts of Gold Dollar's stiletto was discovered a century later behind the Bird Cage Theatre. It is on display today, which may be the reason for Margarita's ghost haunting the Bird Cage Theatre. You also have to wonder, is Gold Dollar's residual energy attached to the weapon as well?

The Price of Entertainment

In another death at the Bird Cage, entertainer Carmelita Gimenez poisoned herself by taking two teaspoons of arsenic. Her boyfriend said, "A few nights ago after we got through work at the Birdcage theater, we retired for the night. She commenced crying. I asked her the cause of it. She answered it was not concerning me what she was crying about. I was in the kitchen at the time she took the poison. After rehearsal yesterday, I saw her vomit alongside the washstand. I thought it was an emetic. The next thing I knew, Josephine, her niece, asked me if I knew what was the matter with Carmelita. I said she's only a little sick. She said, 'No! She has poisoned herself, so go get the doctor.'"

Dr. Willis arrived and tried to revive Carmelita, but it was too late. She poisoned herself with a concoction of arsenic called Rough on Rats. The Bird Cage Theatre shut its doors that night out of reverence for Carmelita.



**Josephine Marcus' room at The Bird Cage Theatre.
She later married Wyatt Earp.**

Present-day ghost enthusiasts hear music playing, as well as laughter along with it. Specter courtesans and cowboys can be seen. People have smelled tobacco and perfume along with whisky. Occurrences of being tapped on the shoulder or kissed on the cheek have been reported. One of the most commonly reported sightings is that of an apparition of a woman dressed in 1880's period undergarments opening the curtain on the catwalk above. Also, some people have seen a lady in white walking around upstairs. Antique poker chips appear and disappear.

Two months after the gunfight at the O.K. Corral, a working girl named Annie Ashley said, "Earning money was exciting to say the least. Every night the feudalists would come to the theater sometimes, meet each other, and shoot it out then and there. The boxes were built in a ring like a horseshoe, and one gang would sit on one side and the other opposite. As fickle as a barometer was the change in conditions, one morning the feud would be on, then a dead quiet intended to deceive the enemy, suddenly the feud was on again."

The horizontal experts and their customers could watch the shootouts from their suspended apparatus, safely stowed above the stage. Outside of the danger of shootouts, the Bird Cage Theatre was considered a hustling and bustling establishment. The *Arizona Daily Star* reported that, "From its name, anyone would be led to believe it was the abode of canaries; but to the contrary, it is the cat's retreat. I have heard of cats capturing the canary, but there the cats capture bald heads and guileless youth."

At the end of the day, these ladies dealt with more danger than you could poke a stick at. The Old West saying, "Life is getting up one more time than you've been knocked down," aptly describes the painted ladies. ♦

The 2001 Waynesville UFO Sightings

By Cheryl Lynn Carter

Waynesville, Ohio, founded in 1797, is a small town with a population of about 2,700. Located in Warren County, Ohio, it's named for General "Mad" Anthony Wayne of the American Revolutionary War, who was known for his bold military tactics.

It's a quaint, little town known for its hometown hospitality, antique shops, and sauerkraut festival. However, in 2001, it became known for something else, something otherworldly.

On Tuesday, April 25, 2001, at about 10:15 p.m., a couple residing on Wilkerson Road was enjoying a night of sky watching. During the watch, they observed a strange object in the evening sky. They described it as being a circular object with lights that hovered silently in the sky toward the south.

As they watched, the bright light of the craft began pulsating and changing in both color and brightness. The body of the craft appeared to be encased within some sort of grid work.

They were certain this wasn't a plane, so the couple notified the Lebanon City Police Department about what they had seen. Because their story sounded so incredible, the Warren County Communications Center immediately sent a Waynesville police officer to the location.

Upon arrival, the officer confirmed the validity of the report and also observed a second object in the sky. The objects were clearly visible with the naked eye. The owner of the residence then handed him some binoculars so he could get a better look.

Upon viewing through the binoculars, he could see two stationary objects with flashing red, blue, green, purple, and orange lights. He wasn't sure exactly what the objects were, but he was certain they were not planes.

Warren County Communications Center contacted the base operator at Wright Patterson Air Force Base in Dayton, where the National Air and Space Intelligence Center is garrisoned. It is also the Air Force and Defense Department's primary organization for strategic air and space threat analysis. They also contacted the Airborne Express at Wilmington Airport in Clinton County. Neither of them reported seeing anything unusual on radar.

While other officers responded to the Wilkerson Road residence and continued to view the objects, a police dispatcher at the Warren County Communications Center in Lebanon also observed the same object at her location, looking north toward Waynesville. In addition, a Caesar Creek State Police officer noticed the UFO from his location just east of Waynesville.

From all the reports, it was estimated the UFO was located between Waynesville and Lebanon near the intersections of

Pekin Road and Route 42. For several minutes, numerous conversations were exchanged between several agencies, including the Warren County Communications Center, Lebanon P.D., Ohio State Police, Wilmington Airport, Wright Patterson AFB, National UFO Reporting Center, and National Investigations Committee on Aerial Phenomena (NICAP).

The following evening, UFOs were once again reported in the exact same area around 9:48 p.m. These observations were made by civilians, police officers, and the Waynesville Airport.

Eyewitness interviews from both events and analysis of the various police reports and tapes were investigated. Additional data was gathered by a NICAP Field Investigator from April 27-28. Transcripts of various reports about the incidents are [available here](#). ♦





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ANCIENT WISDOM IN ENERGY HEALING PRACTICES

By Chad Wilson

The captivating history of energy healing in diverse cultures ranges from the mystical temples of ancient Egypt to the serene mountains of China, and from the vibrant landscapes of India to the sacred traditions of indigenous peoples across the globe. The tapestry of energy healing unfolds with ancient wisdom and timeless practices, including lesser-known traditions.

Energy healing, often dismissed as pseudoscience in some circles, has a rich and diverse history that spans across cultures and civilizations. From ancient times to the present day, various cultures have embraced the concept of energy healing to promote physical, emotional, and spiritual well-being.

Delving into the historical perspectives of energy healing unveils a fascinating tapestry of beliefs, practices, and wisdom that continue to influence contemporary healing modalities.

Across Continents: Exploring Ancient Practices of Energy Healing

One of the earliest documented practices of energy healing can be traced back to ancient Egypt. The Egyptians believed in the existence of a life force energy known as “ka,” which permeated the Universe and sustained all living beings. Priests and healers in ancient Egypt utilized rituals, symbols, and incantations to channel this energy and facilitate healing.

The famous Egyptian symbol, the Ankh, often associated with eternal life, is believed to have been used in energy healing practices to harmonize the flow of life force energy within the body.

In China, the practice of energy healing has been an integral part of Traditional Chinese Medicine (TCM) for thousands of years. Central to TCM is the concept of Qi (pronounced “chee”), which refers to the vital energy that flows through the body along meridian channels. Acupuncture, acupressure, and qigong are among the many



modalities used in TCM to balance and cultivate Qi for health and healing.

The ancient Chinese text, the *Yellow Emperor's Classic of Internal Medicine*, provides valuable insights into the principles and practices of energy healing in traditional Chinese culture.

Moving across continents to India, the ancient healing system of Ayurveda also incorporates principles of energy healing. In Ayurveda, the body is seen as a microcosm of the Universe, and health is achieved through maintaining balance among the three doshas: vata, pitta, and kapha. Ayurvedic treatments such as pranic healing, marma therapy, and yoga aim to cleanse and balance the subtle energy channels, known as nadis, thereby restoring health and vitality.

The ancient texts of Ayurveda, including the *Charaka Samhita* and *Sushruta Samhita*, provide comprehensive

guidelines for understanding and harnessing the body's innate healing energies.

In the indigenous traditions of the Americas, energy healing takes on various forms, deeply rooted in the spiritual connection to the natural world. Native American healers, often referred to as shamans or medicine people, work with the subtle energies of plants, animals, and spirits to restore harmony and well-being.

Practices such as smudging, sweat lodges, and vision quests are used to cleanse, purify, and align the energy field of individuals and communities. These traditions emphasize the interconnectedness of all living beings and the importance of maintaining balance and respect for the Earth.

In Africa, energy healing is deeply intertwined with animistic beliefs and ancestral wisdom. Traditional African healers, known by different names such as sangomas or traditional healers, serve as mediators between the physical and spiritual realms. Rituals, drumming, and trance-induced states are employed to connect with ancestral spirits and channel healing energies.

These practices not only address physical ailments, but also address social, psychological, and environmental imbalances within the community.

Unity in Diversity: The Timeless Wisdom of Energy Healing

Throughout history, energy healing has been a common thread that unites diverse cultures and civilizations in their quest for health and wholeness. While the specific techniques and terminology may vary, the underlying principles remain consistent: the recognition of a universal life force energy and the belief in the body's innate capacity to heal itself when in balance.

Interest in energy healing continues to grow as people seek alternatives to conventional medicine and embrace holistic approaches to wellness. Practices such as Reiki, Healing Touch, and crystal therapy draw upon ancient wisdom while integrating modern understandings of energy dynamics and quantum physics.

The historical perspectives on energy healing across different cultures offer valuable insights into the diversity and richness of human experience. By exploring these traditions, we gain a deeper appreciation for the interconnectedness of mind, body, and spirit, and the timeless wisdom that transcends cultural boundaries.

As we continue to evolve in our understanding of energy healing, may we remain open to the lessons of the past and the endless possibilities for healing and transformation. ♦

*Energy healing
unites cultures through
universal life force.*



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A GUIDE TO ELEMENTAL BEINGS AND HOW TO CONNECT WITH THEM

By Dr. Athena Perrakis, Sage Goddess

Do you believe in gnomes? Faeries and mermaids? All of these mystical creatures are what we call “elemental beings.” Elemental beings are nature spirits. They are pure spiritual energy that takes form in one of the primary elements: Earth, fire, water, and air. Elementals are conscious beings who live in realms beyond our own that we know exist but cannot see with our human eyes.

They love being called on! But because they exist in higher realms, you must raise your vibration to meet them. Here are our favorite elemental beings to call on:

Earth: Gnome

Gnomes are commonly found in forests, where there's plenty of greenery. They're here to protect the natural world and all of Gaia's bounty. Although they tend to be practical jokesters who love a mischievous moment, they're good-natured beings to the core.

Call on them by tending to your garden or filling a space in your home with plants.

Fire: Salamander

Salamanders are the manifestation of fire, typically found in volcanic environments and hot springs. They have an explosive energy, bringing a kick of willpower, strength, and passion wherever they go. They do tend to be a bit volatile, so be aware when invoking their power.

Call on them by lighting a red or orange candle.

Water: Mermaid

Mermaids are spirits of the water, found in the depths of the seas and oceans. They help us dream of exploration, courage, otherworldly beauty, and harmonious integration with our natural surroundings. They go with the flow, navigating all life's mysteries with grace.

Call on them by carrying crystals of the sea, such as aquamarine or Lemurian blue calcite.

Air: Sylph

Sylphs are the faeries of the air element, felt in a gust of wind or seen as a sparkle of light. They're a breath of



fresh air, reinvigorating your spirit and bringing clarity. They're also gone as quickly as they arrive, instilling a sense of detachment too.

Call on them by lighting some incense and engaging in deep, mindful breathing.

Connect With the Elements: A Final Note

As you explore the world of elemental beings, remember that each encounter is a step toward a deeper harmony with the natural world. Whether you are drawn to the sturdy presence of a gnome, the fiery spirit of a salamander, the fluid grace of a mermaid, or the fleeting touch of a sylph, these beings offer unique insights and energies that can enhance your spiritual journey.

To truly connect, approach them with genuine respect and an open, understanding heart, and you may discover that the natural world responds to you in surprisingly enriching and rewarding ways.

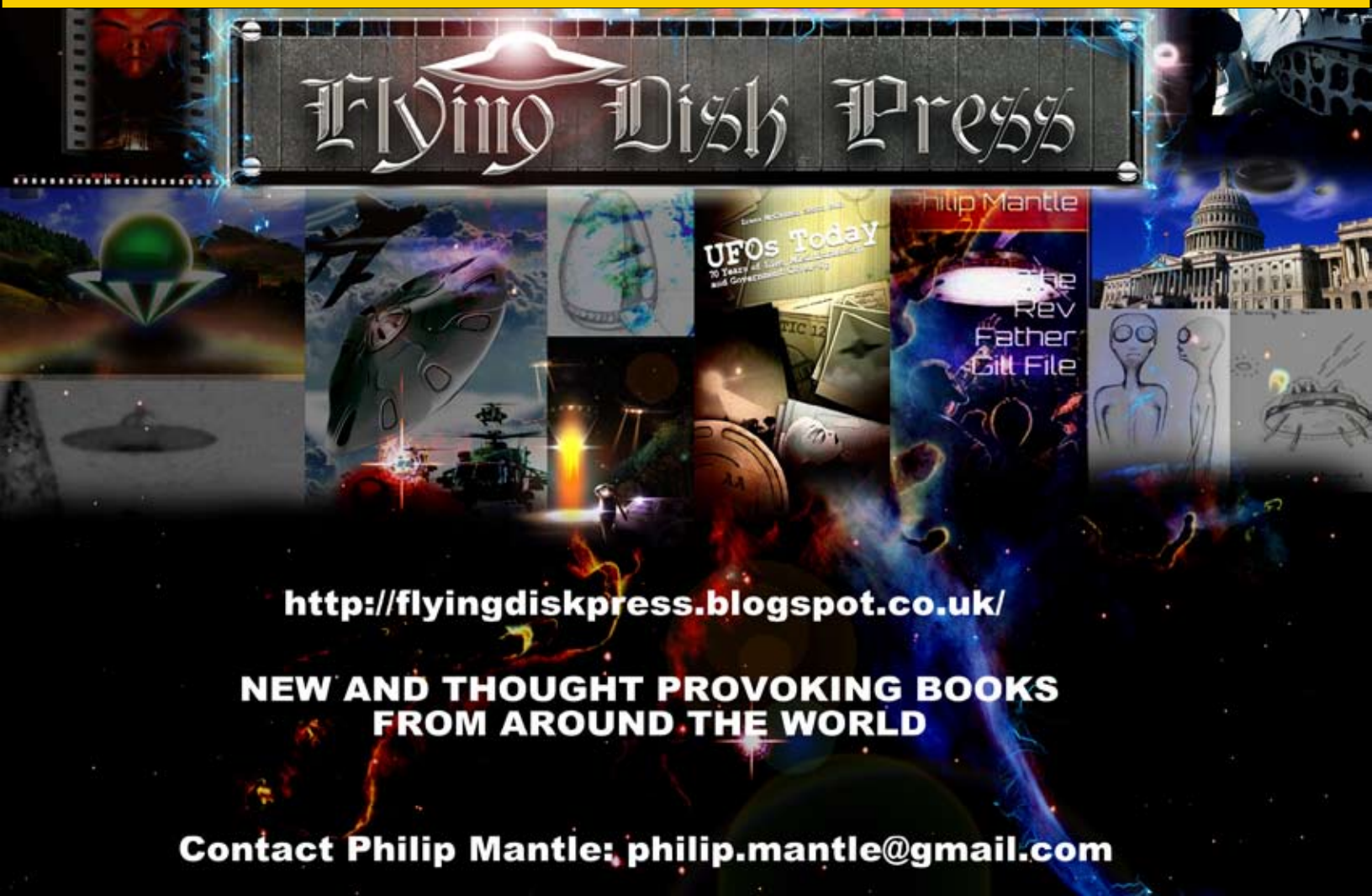
Happy exploring! ♦



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INSPIRATIONAL HEALING: A LIFE OF SERVICE AND SPIRIT

By Willie Windwalker Gibson

Since the age of 10, I have been of service to the sick. I believe I was put on this earth by God to help the sick and helpless.

When I was a child, my mom was sick. Being the oldest, I often stayed home from school to help her because she was bedfast. After I got the kids off to school, my dad would tell me not to answer the door, as the truant officers would come to check after I missed three days of school. This went on for years.

Finally, I did graduate from high school and then worked at odd jobs until I turned 21. I decided to go into law enforcement to help people. I also took an EMT class to ensure I could do even more to help while working as a police officer EMT.

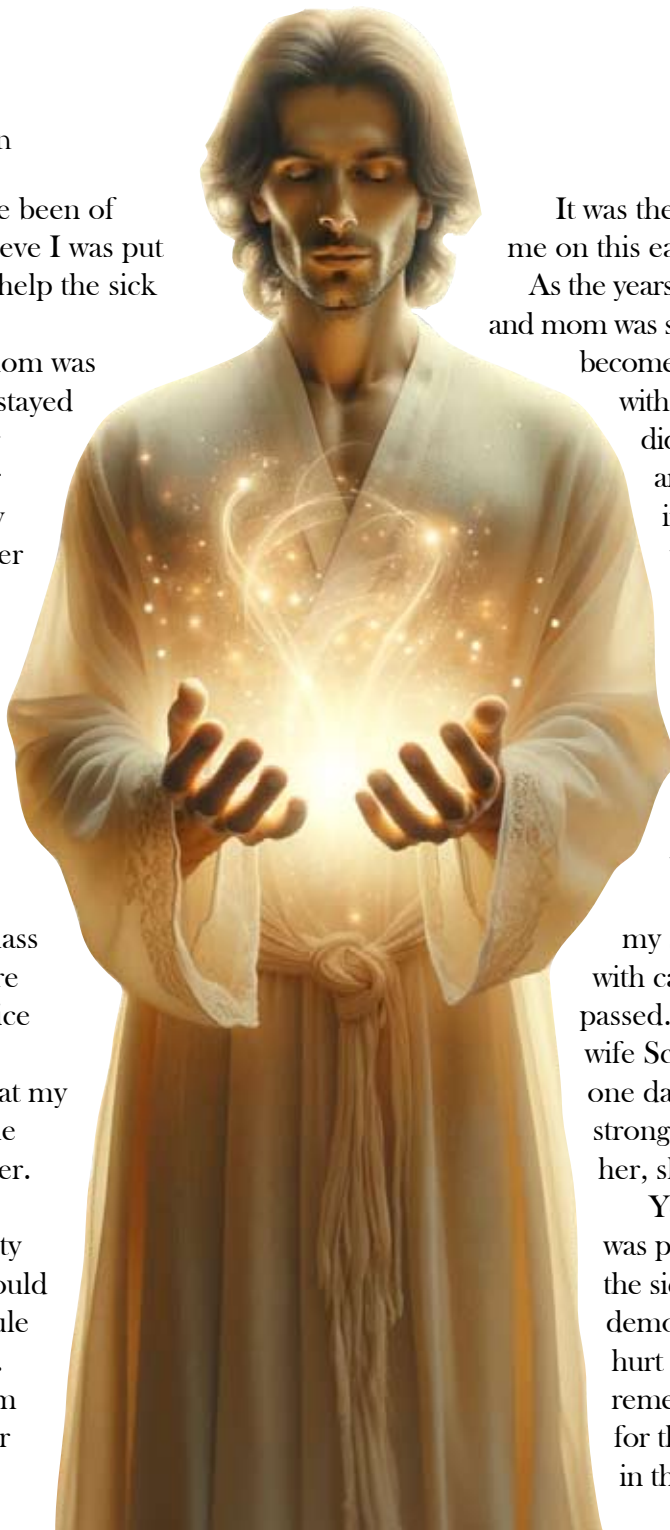
It was at about this time that my father had a stroke and became ill. Once again, I was a caregiver. I even decided to quit the police force and became a security supervisor at a hotel, which would allow me a more stable schedule to take care of Dad and Mom. I was always taking one of them to the doctor for one reason or another.

It was then I realized why God put me on this earth.

As the years flew by, dad passed away and mom was stable. So, I decided to become a shaman and help people with the spiritual side as well. I did paranormal investigations and spiritual healings. I felt the inspirational healing energy within me. Every time I saw a soul — living or in spirit — in need, I felt compelled to help. I knew when my mom started to get worse again, I would be there to be her advocate ... because it was my mission. I was there when she passed away.

As I journeyed further, my sister Robin became ill with cancer. I was there when she passed. Now I'm dealing with my wife Schmon's illnesses, taking one day at a time with her. She is strong, and no matter what hits her, she hangs tough.

Yes, I figured out long ago I was placed here to be of service to the sick and weak. And to fight the demons of the world that could hurt them. If you are a caregiver, remember that God put you here for that reason. You're working in the light of God. ♦



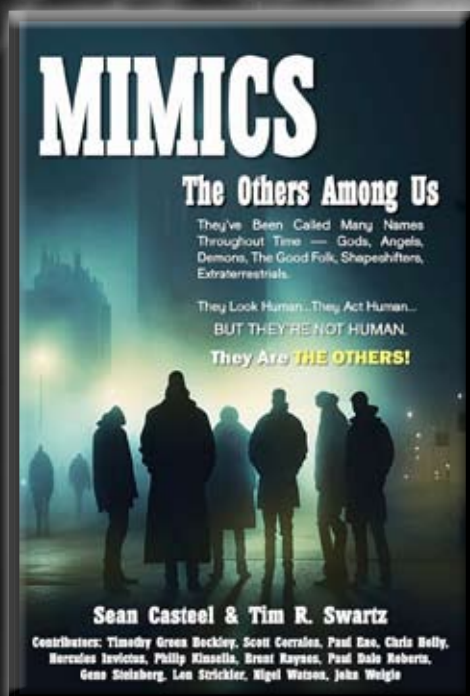
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